Dare to Care!

- a humanitarian concern

Älvkarlebyhus, Älvkarleby
Municipality, the Police and Sauvera
have joined hands to shed light on
violence in close relationships and what
we as fellow human beings and
neighbours can do to prevent it.



As a resident in a block of flats, one can hear and see things which will make you react.

We want to urge you to act if you suspect that someone is in harm's way. You don't have to be completely sure that someone is in harm's way, it is enough to suspect that this is the case.

If there is suspicion of ongoing crime or danger, please do not hesitate to contact the **Police 112**.

Are you unsure whether a crime is being committed, you can call **Sauvera emergency call on 026-420 36 50**. They are in direct contact with the police authorities if necessary.

You don't have to reveal your name, but it's important that you act on your gut feeling, it can save lives!

There are several actors in society that you can turn to if you, a relative or a neighbour are in need of help or support.

Important phone numbers

The police 112
Sauvera 026-420 36 50
Social welfare service 026-83 000
Social emergency
services 018-15 50 00
Älvkarlebyhus 026-420 36 50
Kvinnofridslinjen 020-50 50 50
The women's shelter
Liljan 0293-100 22
Bris (Children's Rights in
Society) 116 111
Choose to stop 020-555 666
Somaya support line 020-81 82 83

In 2021, 19 cases of lethal force were committed in Sweden where the victim and the perpetrator had a partner relationship.

17% of all cases of lethal force in 2021 were in partner relationship.

The majority of violence in intimate relationships are not reported to the police authorities. Only a quarter are reported.

Source: The Swedish National Council for Crime Prevention,



The goal is to Dare to Care! in the long run it should be something that every citizen in the municipality is aware of, as well as the municipality's residents' standpoint, attitude, approach to action are strengthened in the event of suspicion that someone is being subjected to violence.

The ambition is to involve private landlords, housing associations, house owners and other actors who are active in the municipality to stand behind the initiative.

Dare to Care is an initiative from Östahmmarshem which we have chosen to be part of. As we are more municipalities working with the same concept, we hope that it will spread widely. Together we can make a difference!

At alvkarlebyhus.se and alvkarleby.se you can read more about the initiative and where you can turn to get more information and help if you so are in need of it.

For information in more languages, scan the QR code

Physical violence

Pushes, punches, kicks, strangleholds, attempts at suffocation, blows with tools or weapons.

Sexual violence

Unwanted touching, being forced to perform or subjected to sexual acts, rape, witnessing various forms of sexual acts.

Psychological violence

Isolation, verbal abuse, emotional blackmail, shaming.

Material violence

Material damage- the perpetrator breaks furniture and other objects in the home. The vulnerable person may also be forced to destroy possessions of particular importance themselves. Violence can also be directed at pets.

Economic violence

Control of the household's finances, confiscation of someone else's credit card, required to report expenses, being forced to borrow money to avoid violence, being forced to stop working in order to be denied income of their own.

Latent violence

Latent violence implies that there is a constant fear or concern of violence. It can be anger or aggressiveness which manifests itself in the perpetrator's posture and body expression, and which creates fear and is perceived as a threat or reminder of previous experiences of violence.

Negligence

No help with food, hygiene or medicine, withholding or deliberately destroying important aids, in order to make the victim more dependent on the perpetrator.

A collaboration between







